



# UCIS January Menu



## MONDAY 17TH



- Massaman chicken curry & rice
- Tofu & seaweed soup
- Salad Bar with Fruit
- Thai Omelet + Boiled egg
- Vegetarian Food Available Daily

## THURSDAY 20TH

- Macaroni tomato sauce & sausage
- Macaroni tomato sauce
- Stir-fried Tofu with Veggies
- Thai Omelet + Boiled egg
- Salad Bar with Fruit
- Vegetarian Food Available Daily

## TUESDAY 25TH

- Macaroni and cheese
- Mushroom cream soup
- Salad Bar with Seasonal Fruit
- Thai Omelet + Boiled egg
- Vegetarian Food Available Daily

## FRIDAY 28TH

- Roasted chicken with sticky rice or vermicelli
- Somtam (papaya salad)
- Salad Bar with Seasonal Fruit
- Thai Omelet + Boiled egg
- Vegetarian Food Available Daily

## TUESDAY 18TH

- Carbonara Pasta or Vegetarian Carbonara
- Garlic Bread
- Salad Bar with Fruit
- Thai Omelet + Boiled egg
- Vegetarian Food Available Daily

## FRIDAY 21ST

- Chicken and mushroom soup
- Tofu and mushroom soup
- Thai Omelet + Boiled egg
- Salad bar with fruit
- Vegetarian Food Available Daily

## WEDNESDAY 26TH

- Chicken and rice with radish soup
- Tofu and rice with radish soup
- Salad Bar with Seasonal Fruit
- Thai Omelet + Boiled egg
- Vegetarian Food Available Daily

## MONDAY 31ST

- Japanese Curry with chicken
- Pork fried rice
- Vegetarian tofu stir fry
- Salad Bar with Seasonal Fruit
- Thai Omelet + Boiled egg
- Vegetarian Food Available Daily

## WEDNESDAY 19TH

- Stewed pork with rice
- Egg Soup with Rice
- Salad Bar with Fruit
- Thai Omelet + Boiled egg
- Vegetarian Food Available Daily

## MONDAY 24TH

- Tom yum soup with chicken
- Tom yum vegetarian soup
- Salad Bar with Fruit
- Thai Omelet + Boiled egg
- Vegetarian Food Available Daily

## THURSDAY 27TH

- Chicken or beef cottage pie
- Roast vegetables and rice
- Salad Bar with Seasonal Fruit
- Thai Omelet + Boiled egg
- Vegetarian Food Available Daily

YELLOW 3RD WEEK

ORANGE 4TH WEEK

LAST DAY OF JAN.